

Bredon Tennis Club

Coaching Programme

Course Venue: Courses will take place at **Bredon Tennis Club** - GL20 7QN

Course Duration: Course lasts **10 weeks** - Commencing **16th January – 1st April 2012**
No Tennis February Half Term – 13th - 19th

Course Aim: To help players improve their tennis in a fun environment. This will be done through technical and tactical coaching as well as competitive play.

Coach Qualifications: JFC-TENNIS is run by fully qualified LTA coaches with valid CRB, and First Aid certificates and is appropriately insured.

Equipment: All equipment will be provided including rackets for those that don't have one (Rackets are available for sale). All children require is P.E. style tennis clothes, and plenty to drink

Rain Policy: If due to poor weather and sessions are unable to take place your coach will notify you in good time, sessions will only be made up where more than 1 session is lost over the entire term.

Course Cost: Cost in brackets reflects Bredon Lawn Tennis Club – Non Members

Junior Courses

<u>Course Code</u>	<u>Day</u>	<u>Time</u>	<u>Age</u>	<u>Course Cost</u>
Mini Red	Monday	3.45-4.30pm	4-7yrs	£40 (£50)
Mini Orange	Monday	4.30-5.30pm	8-9yrs	£50 (£60)
Mini Green	Monday	5.30-6.30pm	9-10yrs	£50 (£60)
Full Ball	Monday	6.30-7.30pm	11+	£50 (£60)
Mini Red	Friday	3.45-4.30pm	4-7yrs	£40 (£50)
Mini Orange	Friday	4.30-5.30pm	8-9yrs	£50 (£60)
Green/Full Ball	Friday	5.30-6.30pm	10+	£50 (£60)
Teen Tennis	Friday	6.30-7.30pm	13+	£50 (£60)

Adult Courses

Adult – Lunch Time	Monday	1.00-2.00pm	Adult	£50 (£60)
Adult – Lunch Time	Friday	1.00-2.00pm	Adult	£50 (£60)
Adult - Evening	Friday	7.30-8.30pm	Adult	£55 (£65)



JFC-TENNIS
The ball's in your court